

The **Canadian Masters Outdoor Championships** concluded on August 3rd, 2025, at the Claude-Ferrange Stadium in Laval. The host committee from Athlétisme Laval catered to almost 350 athletes over the age of 35. New Brunswick was well represented by two athletes from the Saint John Track and Field Club and one from Aetos Athletica in Moncton.



David Blackwood (SJTC) competed in the M75 category and won hardware in all his events, including four gold and two silver medals and he set a new NB record in Javelin (pending ratification) previously held by David Jefferson with a throw of 21.28m set in Moncton on 13/07/2019.

100m 17.74 1st
 200m 39.70 2nd
 400m 1:49.52 1st
 Long Jump 2.59m 1st
 Discus 18.08m 2nd
 Javelin 24.97m 1st and breaking the NB Record
 (Photo credit Kim Roberts)

Paul Gautier (SJTC) competed in nine events in the M60 category and won a total of 9 medals; 6 gold and 3 silver. Paul's events and marks are as follows:

Throws Pentathlon 3556 points 1st
 Hammer 43.36m 1st
 Shot Put 13.80m 1st
 Long Jump 3.50 2nd
 Discus 27.04 2nd
 High Jump 1.35m 1st
 Weight Throw 18.62m 1st
 Javelin 36.22m 1st
 Triple Jump 8.18m 2nd



Not only did Paul win hardware in all his events, 5 New Brunswick M60 records were set in Javelin, Shot, High Jump, Weight Throw and Triple Jump, and Paul set a new Canadian M60 record in Weight Throw, with a throw of 18.62m, pending ratification.
 (Photo credit Paul Gautier)



Representing Aetos Athletica in Moncton, was Kim Roberts, competing in the W55 category. Kim entered six events and won medals in all, achieving three PBs and breaking the NB 200m record (pending ratification) which she set in July.

Kim's events and marks were:
 100m 15.58 3rd
 200m 32.72 2nd
 Long Jump 3.62m 2nd
 Discus 16.17m 4th
 Javelin 13.85m 2nd
 4x100 Relay 1:00.88 1st

Congratulations to our Masters Athletes here in NB. It's never too late to start in Masters athletics. Consider giving it a try!